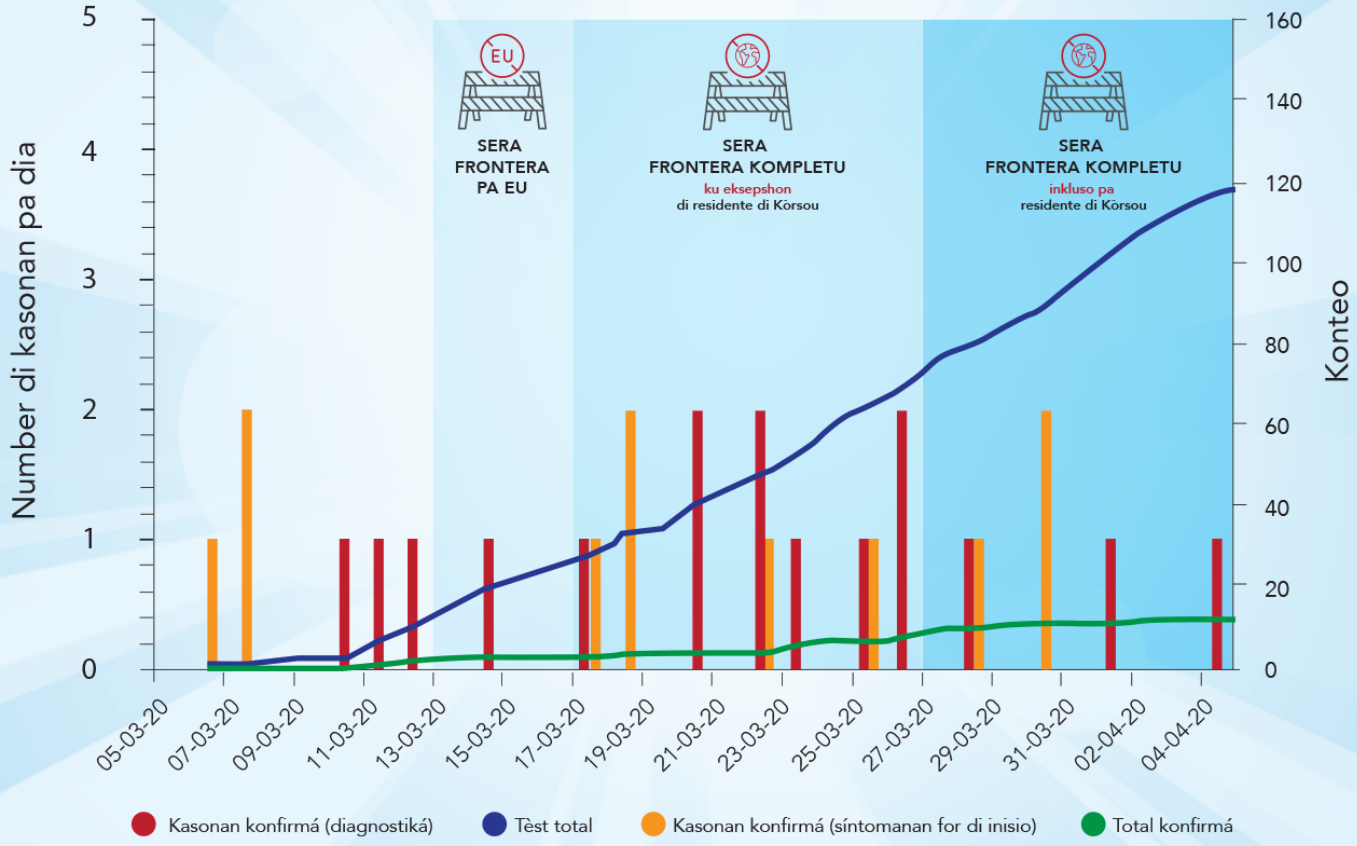
COVID-19 NA KÒRSOU



Goal of the measures implemented up till now:

- Not “flatten the curve”
- But “crush the curve”

Why?

- Too many people would be at risk of dying of COVID-19.
- Health workers heavily affected and demoralized
- Collapse of the health system
- People would die or get sick because of other causes
- Mass panic
- Economic Disaster
- Small country: No time to “SIT and WATCH”!

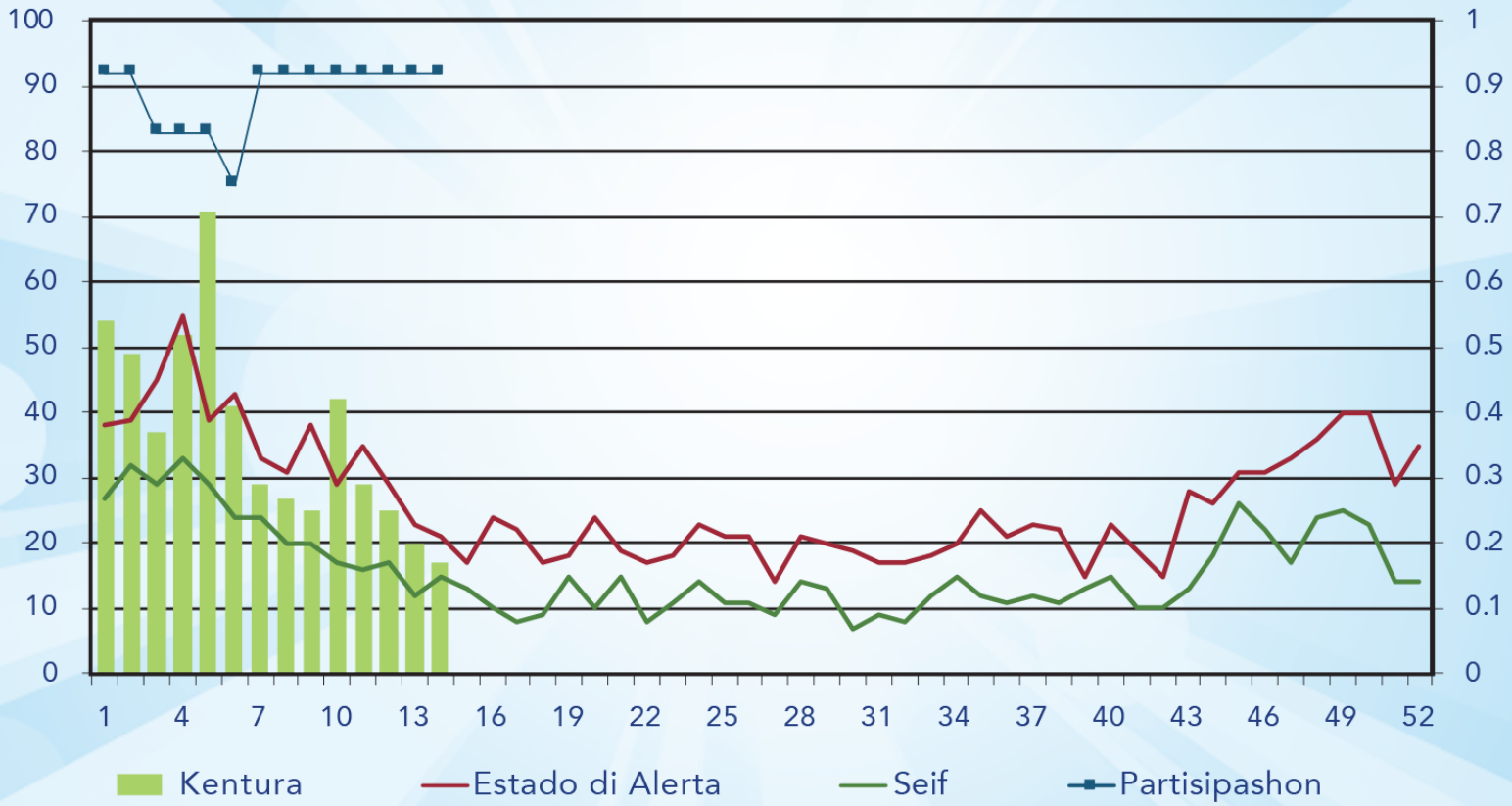
Did we achieve our goal?

- Probably, we don't have enough data yet.

But:

- 1) Low percentage of positive tests.
- 2) Not a lot more new cases a day.
- 3) Not a lot more sick people that need to be taken to the hospital (CMC)
- 4) System of vigilance in place.

COVID-19 KENTURA KU SÍNTOMA NA KÒRSOU



When you “crush”

- Your economy gets an enormous hit, but less devastating than if you would be just mitigating:

“if you crush it quickly, you can move on quickly”

Prior to lifting the full day lockdown

Two things to consider:

1. What is the status of the outbreak?
2. What are the essential things you need to have in place?

1. What is the status of the outbreak?

A. Wait 2 weeks, evaluate if there are new cases.

B. Wait for new testing data from the system of vigilance.

2. Prepare for the following phase:

- To prevent that we have to resort back to a full day lockdown.
- To construct a system so that you have enough time to analyze and evaluate if there are new cases.

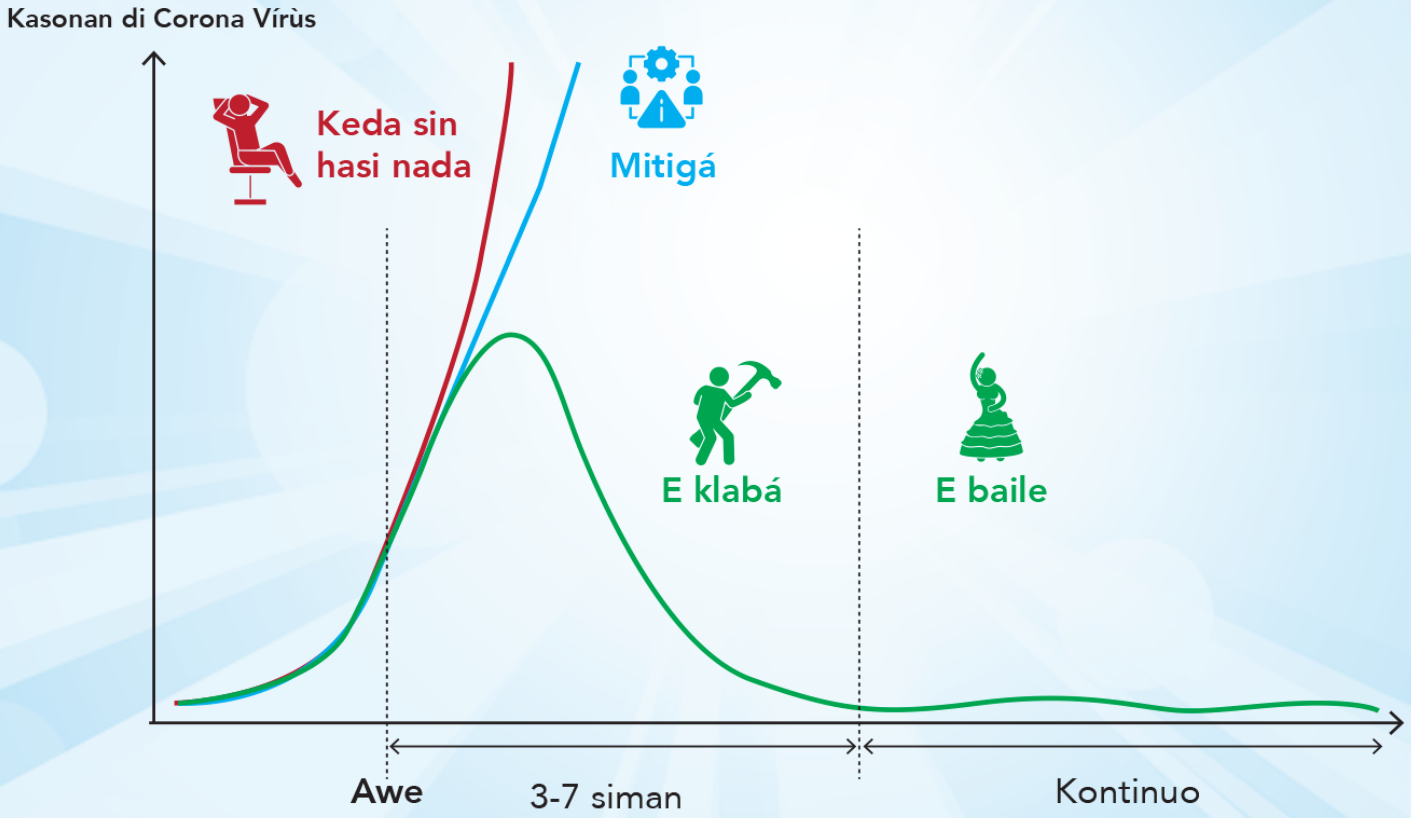
Example of the things that need to be in place prior to de-escalating:

- Amplify the capacity of intensive care beds, etc.
- Necessary equipment.
- For target group:
  - Hospitals.
  - Dentists.
  - General practicioners.
  - At home care.
  - Elderly care
- Ensure use of proper materials.

Summary:

- Our health system needs to be ready.
- Our community needs to be ready to continue ‘social distancing, applying hygiene measures.’
- We need to be ready to test more often, in order to intercept and place in quarantaine.
- We need to be able to monitor the epidemiological developments.
- Use of technology to intercept.

COVID-19 2DO FASE: SI TUR KOS BAI BON!



Transition of full lockdown to phase 2:

- Risk to resume normal (activity) is to high
- Need to gradually loosen restrictions and evaluate with time.
- Remove measures that would control risk but yield more impact.

Borders?

If you have the situation under control, your health system is well prepared and you have ascertained the risk, the options are:

- Open borders, while implementing 14 day obligatory quarantaine for everyone.
- Only for countries that have rid themselves of COVID-19.
- Everyone that enters receives a health alert.

List of options:

- Individual sport/gym training.
- Restaurants & Truk'i pan (take out only).
- Certain types of work.
- Construction work.
- Adapting the "Plate of the day" system
- Adapting the concept of "stay at home".
- Ban on gathering (agglomeration of people).
- At what point to reopen schools.

What will remain:

- Ban on large events.
- Social distancing of 2 meters at public places and at work.
- Test, intercept, quarantine and isolation
- Awareness is essential.